

## **REPORT 2019 TO 2022**

### **Community hygiene and sanitation society**

Dr. Jagdish Kaur(Convener)

Dr. Kiran Gupta

Dr. Lalita

Dr. Shivani

Activities 2021-22

To spread awareness, Community Hygiene and Sanitation Society of Post Graduate Government College, Sector 11, Chandigarh conducted a Rangoli Competition on 22nd March 2022. The theme of this competition was Azadi Ka Amrit Mahotsav. There were Thirty Two teams (Total Ninety two Students) from B.Sc.Medical, Biotechnology (Hons) and B.B.A. department , who enthusiastically participated in this Rangoli competition. Principal Madam also inspired students to participate in this competition. The participants prepared very creative and thought-provoking Rangoli on the given theme. The eminent jury of three judges, comprising of-

1. Mrs. Geetanjali Sharma, Department of Botany
2. Mrs. Indira Sharma, Department of English
3. Dr. Shakha, Department of Environment Science

Evaluated the entries and gave their judgement after inspecting each masterpiece. The winners of the competition were-

First Position- Diksha , B.Sc.III Medical

Madhuri, B.Sc. III Medical

Abhilaksh , B.Sc.III Medical

Second Position- Sachita,B.Sc. III Medical

Sadhika, B.Sc.III Medical

Nivedita, B.Sc III Medical

Third Position- Himani, B.Sc. I Biotech Honours

Monika, B.Sc. I Biotech Honours

Third Position- Bejna, B.Sc. III Medical

Pooja, B.Sc. III Medical and Arihant BSc III Medical





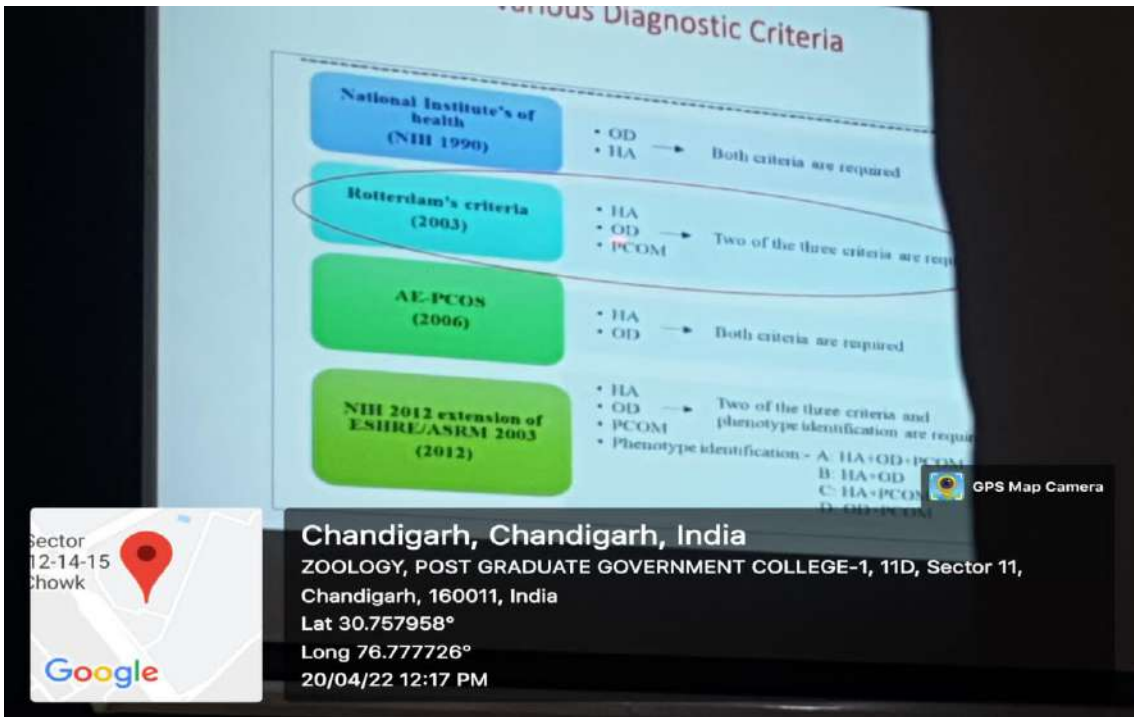
2. To spread awareness about PCOS and PCOD among students, the Community Hygiene and Sanitation Society of Post Graduate Government College, Sector 11, Chandigarh conducted an Orientation cum Awareness Program on 20th April 2022. There were 208 students from different streams who enthusiastically participated. This Awareness Program was conducted by Dr. Janvi and Dr. Natasha from Community Medicine and School of Public Health Department, PGIMER, Chandigarh. Students gained a lot from this program. PCOS (polycystic Ovary Syndrome) is a hormonal disorder causing enlarging ovaries with small cysts on the outer edge. The cause of PCOS isn't well understood, but may involve a combination of genetic and environmental factors. PCOD (polycystic Ovarian Disease) is a condition in which ovaries produce many immature or partially mature eggs. This happens due to poor lifestyle, obesity, stress and hormonal imbalance.



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Sector 11, Chandigarh, 160011, India  
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3. Poster Making and Slogan Writing competition on “Plastic pollution- Sources, effects and preventions” was organised on 19/10/2021. 40 Students of B.Sc. Medical participated in this activity. Mrs. Samriti Khera, Dr. Shakha Sharda and Dr. Shaifali

Singla adjudged the competition. in poster making Ambika Gupta of B.Sc. II, Jyoti Rangra of B.Sc. II and Bejina of B.Sc. III secured first, second and third position respectively.

In slogan writing Megha of B.Sc. II, Ambika Gupta of B.Sc. II and Eshika Sharma B.Sc. II secured first, second and third position respectively.



4. Eco friendly rangoli Competition was organised for the celebration of incoming Diwali on 02/11/2021. Many students participated in this competition. Principal Dr. Sangam Kapoor encouraged the students to celebrate Diwali in Eco-friendly manner.



5. To celebrate World AIDS Day on 1<sup>st</sup> December, 2022 a candle light march rally on the theme "End inequalities end Aids end Pandemics" was organised. The rally started from college auditorium and marched upto PGGCG-11. 200 students from various streams participated in it.

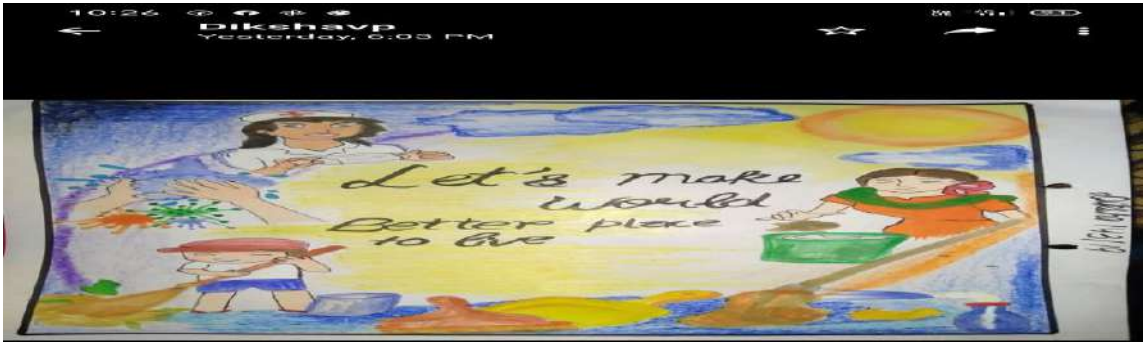




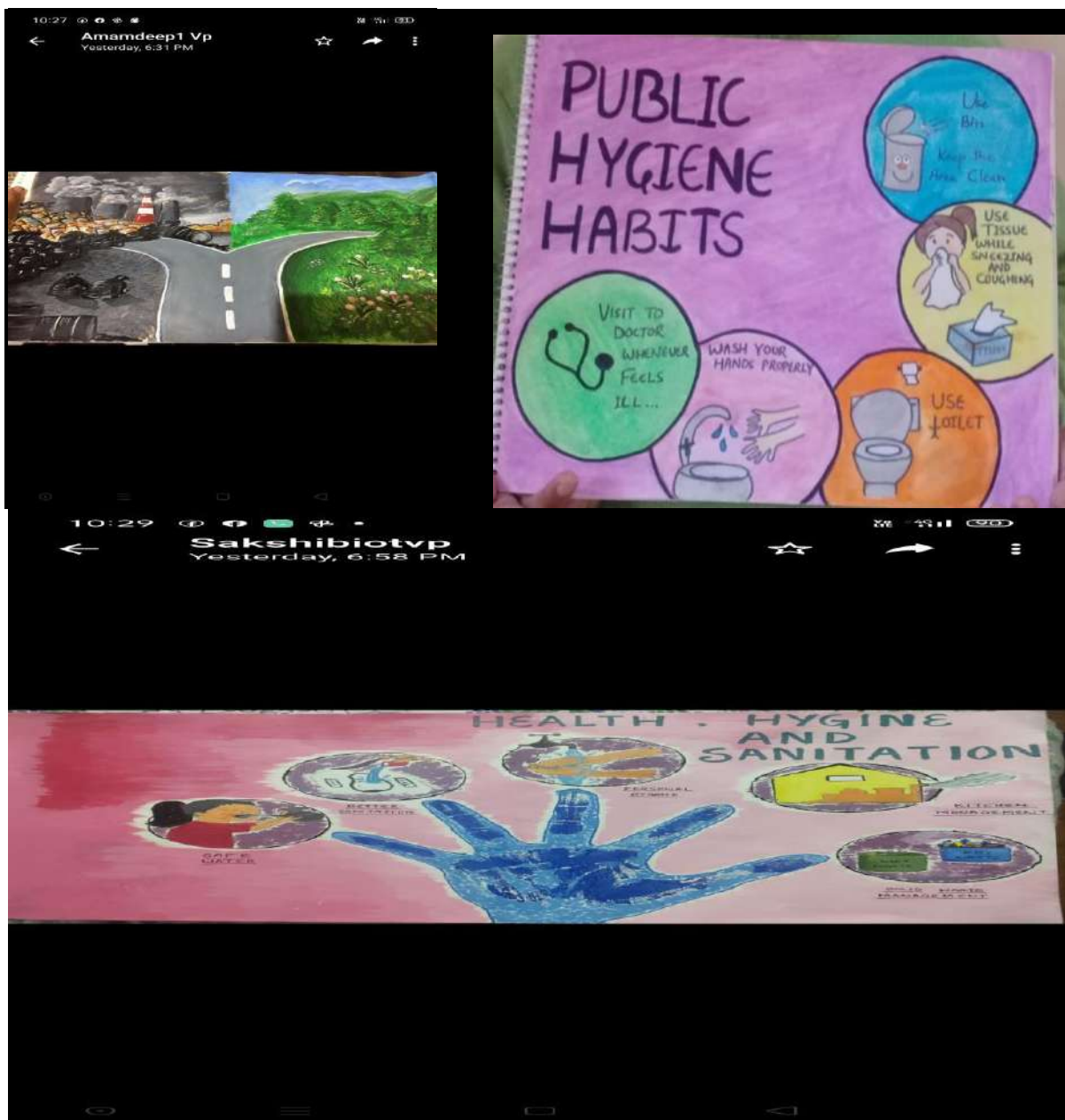
### Activities of 2020-2021

1. A virtual painting competition was organised on “Health, hygiene and sanitation” on 21<sup>st</sup> January, 2021. 25 students participated in this event. They showcased their talent during lockdown period









### Activities 2019-2020

1. On 8<sup>th</sup> November 2019, Poster making and slogan writing competition was organised on the theme of health and hygiene. 26 students participated in poster making and 12 students participated in slogan writing. Geetanjali Sharma (HOD Botany) and Dr. Shakha Sharda judged the both competitions. Result is as follows:

Poster making

1<sup>st</sup>-Aman Kumar Roll no. 12021 BSc III

2<sup>nd</sup> Mohinderpal Singh Roll No. 21098 BAIII

3<sup>rd</sup> Paramvir Singh Microbiology BScIII

Slogan writing

1<sup>st</sup> Barsa Roll no. 26/17 BScIII

2<sup>nd</sup> Mohinderpal Singh Roll No. 21098 BAIII

3<sup>rd</sup> Aanan vashudeva Roll no. 385 BSc.II



2. Acompetition of power point presentations was organised by the society on 7<sup>th</sup> February, 2020. The topics of competition were:
  1. Indoor air pollution: Implications on health and its control

## 2. Crisis of environmental sanitation in India

As many as 12 participants from medical and biotechnology stream participated in this event. Mrs Samriti Khera, Dr. Rajkumar herojit and Dr. Shakha Sharda were judges of this competition. Result is as follows

1<sup>st</sup> Ritika BSc. I Roll No. 142/19

2<sup>nd</sup> Anshula Suchi BScIII 64/17

3<sup>rd</sup> Guneet BSc.I 101/19

