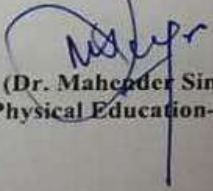
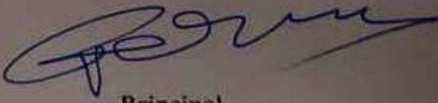


DEPARTMENT OF PHYSICAL EDUCATION-TEL&R, POST GRADUATE GOVT. COLLEGE, SECTOR-11, CHANDIGARH
TIME TABLE FOR THE SESSION 2020-21 (Online mode)
B.P.Ed-First Semester

Practical	Practical	9:00 to 9:55 am	9:55 to 10:50 am	10:50 to 11:45 pm	11:45 to 12:40 pm	Practical
Swimming Girls (1-3)	Athletics (1-6) A/B	Punjabi (C) PBI (1-3)	English and Communication Skills (1-6)	History of Physical Education (1-6)	Foundations of Physical Education (1-6)	Gymnastics (1-6) A/B
(Mr. Parminder Pal Singh Boys (4-6)	(Dr. Ramesh Singh)	History and Cultural of Punjab (1-3)		(Dr. Sushil Kalta)	(Dr. Rasan Billing)	Expert
(Mr. Parminder Pal Singh)	Football (1-6) B/A	Environment (4-6)				
Basketball (1-6) B/A Expert Boys (1-3) Girls (4-6) Groups will be interchanged	(Dr. Anshul Singh Thapa)					

Note: - Practical classes will commence later as per instructions of authority.


 (Dr. Mahender Singh)
 HoD, Physical Education-TEL&R

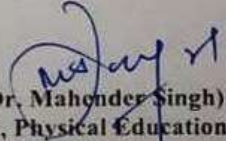

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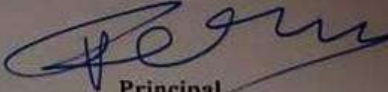
DEPARTMENT OF PHYSICAL EDUCATION-TEL&R, POST GRADUATE GOVT. COLLEGE, SECTOR-11, CHANDIGARH
TIME TABLE FOR THE SESSION 2020-21(Online mode)

B.P.Ed-Third Semester

Practical	Practical	9:00 to 9:55 am	9:55 to 10:50 am	10:50 to 11:45 pm	Practical
Athletics (1-6) A/B (Dr. Sushil Kalta)	Teaching Practice (1-6)A/B (Dr. Sushil Kalta)	English (1-6)	Kinesiology and Bio- Mechanics (1-6) (Dr. Ramesh Singh)	Educational Methodology (1-6) (Dr. Ramesh Singh)	Softball (1-6) B/A (Dr. Gaurav Dureja)
Kho-Kho (1-6) B/A (Dr. Ramesh Singh)	Badminton (1-6) B/A (Dr. Ashok Kumar)				
Groups will be interchange	Groups will be interchanged				

Note :- Practical classes will commence later as per instructions of authority.


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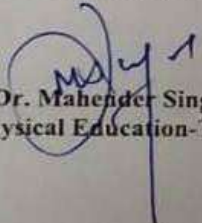

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DEPARTMENT OF PHYSICAL EDUCATION-TEL&R, POST GRADUATE GOVT. COLLEGE, SECTOR-11, CHANDIGARH
TIME TABLE FOR THE SESSION 2020-21(Online mode)

B.P.Ed-Fifth Semester

Practical	Practical	Practical	9:00 to 9:55 am	9:55 to 10:50 am	10:50 to 11:45 pm	Practical
Yoga (1-6) A/B (Expert)	Athletics (1-6) (Expert)	Hobby Classes (4-6) A/B (Music Department)	Sports Management (1-6) (Dr Anshul Thapa)	English (1-6)	Fundamentals of Computer Education (1-6) (Dr. Gaurav Dureja)	Teaching Practice (1-6) (Dr. Rasan Billing)
Tennis (1-6) B/A (Dr. Mahender Singh) Groups will be interchanged						

Note :- Practical classes will commence later as per instructions of authority.


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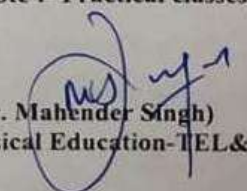

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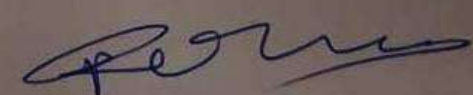
DEPARTMENT OF PHYSICAL EDUCATION-TEL&R, POST GRADUATE GOVT. COLLEGE, SECTOR-11, CHANDIGARH

TIME TABLE FOR THE SESSION 2020-21(Online mode)
B.P.Ed-Seventh Semester

Practical	Practical	Practical	9:00 to 9:55 am	9:55 to 10:50 am	10:50 to 11:45 pm	Practical
Athletics (1-6) (Dr. Ashok Kumar)	Game Football (1-6) (Dr. Anshul Singh Thapa) Volleyball (1-6) (Dr. Bhagwat Singh)	Hobby Classes (1-3) A/B (Music Department)	Health Education (1-6) (Dr. Mahender Singh)	Option-Theory Adapted Physical Education (Dr. Ashok Kumar)	Scientific Approach to Sports Training (1-6) (Dr. Rajeshwari)	Option – Practical Training for Life Guard for Water Sports (1-6) Yoga Expert/GCYEH-23 (1-6)

Note :- Practical classes will commence later as per instructions of authority.


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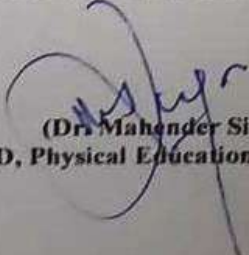

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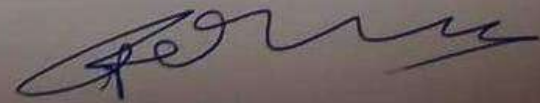
DEPARTMENT OF PHYSICAL EDUCATION-TEL&R, POST GRADUATE GOVT. COLLEGE, SECTOR-11, CHANDIGARH

TIME TABLE FOR THE SESSION 2020-21(Online mode)
B.A.-First Semester, B.A.-Third Semester and B.A.-Fifth Semester

Class	9:00 to 9:55 am	12:10 PM to 1:05 pm	1:35 to 2:30 pm	Practical
B.A.-I Semester	Physical Education-Theory (Dr. Rajinder S Koura) (1-6)	-----	-----	Physical Education-Practical Group A-1-3 Group B 4-3 (Dr. Rajinder S Koura) (1-6)
B.A.-III Semester	-----	-----	Physical Education-Theory (Dr. Rasan Billing) (1-6)	Physical Education-Practical Group A-1-3 Group B 4-3 (Dr. Rasan Billing) (1-6)
B.A.-V Semester	-----	Physical Education-Theory (Dr. Rajinder S Koura) (1-6) (12:40 to 01:35)	-----	Physical Education-Practical Group A-1-3 Group B 4-3 (Dr. Gaurav Dureja) (1-6)

Note :- Practical classes will commence later as per instructions of authority.


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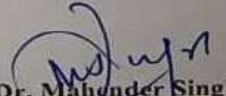

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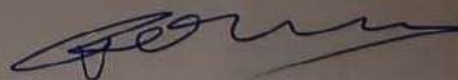
DEPARTMENT OF PHYSICAL EDUCATION-TEL&R, POST GRADUATE GOVT. COLLEGE, SECTOR-11, CHANDIGARH

TIME TABLE FOR THE SESSION 2020-21(Online mode)
M.P.Ed-First Semester

Practical	Practical	9:00 to 9:55 am	9:55 to 10:50 am	10:50 to 11:45 pm	11:45 to 12:40 pm	Practical
Games Specialization Football	Swimming Girls (1-3)	Test measurement and evaluation in Physical Education (1-6)	Research process in Physical Education and Sports Sciences (1-6)	Theory Game Football	Paper IV (Elective) Educational Technology and Pedagogic Techniques in Physical Education and Sports	Athletics (1-6)
(Dr. Anshul Singh Thapa)	(Mr. Parminder Pal Singh)	(Dr. Gaurav Dureja)	(Dr. Anshul Singh Thapa)	(Dr. Anshul Singh Thapa)	(Dr. Ramesh Singh)	(Dr. Rajeshwari)
Basketball (1-6) Expert	Boys (4-6) (Mr. Parminder Pal Singh)			Basketball (1-6) Expert	Yogic Sciences (1-6) (Dr. Mahender Singh)	

Note :- Practical classes will commence later as per instructions of authority.


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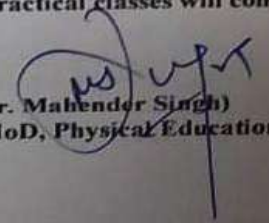

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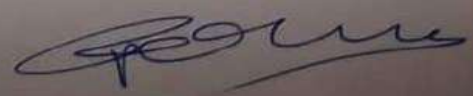
DEPARTMENT OF PHYSICAL EDUCATION-TEL&R, POST GRADUATE GOVT. COLLEGE, SECTOR-11, CHANDIGARH

TIME TABLE FOR THE SESSION 2020-21(Online mode)
M.P.Ed-Third Semester

Practical	Practical	9:00 to 9:55 am	9:55 to 10:50 am	10:50 to 11:45 pm	11:45 to 12:40 pm	Practical
Athletics (1-6) (Dr. Rajeshwari)	Swimming Girls (1-3) (Mr. Parminder Pal Singh) Boys (4-6) (Mr. Parminder Pal Singh)	Exercise Physiology (1-6) (Dr. Bhagwat)	Scientific Principal of Sports Training (1-6) (Dr. Rajeshwari)	Theory Game Hockey Expert Room No. 20 Volleyball (Dr. Bhagwat Singh)	Elective Sports Psychology (Dr. Sushil Kalta) Room No. 20 Sports Sociology (Dr. Ashok Kumar) (1-6)	Game Volleyball (Dr. Bhagwat Singh) Hockey Expert

Note :- Practical classes will commence later as per instructions of authority.


(Dr. Mahender Singh)
HoD, Physical Education-TEL&R


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