

## **Annexure-III**

### **BEST PRACTICES OF THE COLLEGE**

#### **A) Undertaken By National Service Scheme SFU Unit In Collaboration With NGO Partner (Salaam Zindagi )**

The central aim and objective of the NSS-SFU Unit (under the aegis of Chandigarh Administration) is to help the 'NEEDY PEOPLE'. In close association with our N.G.O. partner 'SALAAM ZINDAGI', the NSS-SFU unit addresses the glaring social issues of the society like Child labour, Poverty and Spreading general awareness in the society. The NSS-SFU Unit of the College enthalls in self belief among all its student volunteers. It encourages members to be society centric and motivates capacity building, self-enhancing and self-financing via different units.

The NSS-SFU Unit of the College came into existence on 2<sup>nd</sup> of Nov. 2013 and the credit goes to Mr. Bikram Rana , State Laison Officer NSS, NSS-SFU Unit Head Dr. Rakesh Thakur and the chairman of the College and N.G.O partner "Salaam Zindagi" with Mr. Amrinder Singh.

To achieve effectiveness and to develop a focused and selfless work ethic in the NSS-SFU unit as an organizational set up, it has been equally divided into two groups/units. The 200 volunteers of the unit are led by 2 student unit heads who act as facilitator of each group. Further they are divided into 20 teams each of which is led by a core Team Leader. The primary job of the Team Leader is to network among the volunteers, establish and maintain communications and co-ordinate the various society centric activities; every volunteer has been assigned his or her own duties and responsibilities.

Both the Units actively collaborate and participate in the following programs i.e.

- Sharing the Warmth (S.T.W.) – "Collections of clothes by volunteers from all over Chandigarh and their distribution to the needy people."
- General Awareness Program (G.A.P.) – To make the populace of the City Beautiful aware of regarding their rights, duties and prevention of certain disease.
- Community Development & Rehabilitation Program works towards rehabilitating, equalisation of opportunities, and social integration of all people with disabilities and also under privileged individuals.
- Save The Childhood Program that works for child protection and Child Education in India.










The following is the list of Activities undertaken by the students volunteer of NSS-SFU Unit 2014-15

<b>Sr. No.</b>	<b>Name of The Programme</b>	<b>Duration</b>	<b>Venue</b>	<b>Area Covered</b>	<b>No. of Students</b>
1.	'Sharing the Warmth'- Distributed warm clothes to poor construction workers, and to their families	January 2014	College gym	Construction area inside the college campus	50
2.	Save the childhood (Awareness against Child Labour)	January – February 2014	Parking area of sector -17	Parking area of sector -17	20
3.	Jammu and Kashmir Flood Relief Fund,(Staff and volunteers donated and collected Rs Twenty thousand)	September 12, 2014 to October 30, 2014	College Auditorium	College Campus and Buffet Hut, Sector 9-C, Chandigarh	25
4.	World Disability Day- (Organized a felicitation ceremony and a discussion forum for the rights of the Hanicapped)	December 1, 2014 to December 3, 2014	College Auditorium	College Auditorium	85
5.	Sharing the Warmth – Collected clothes and blankets through voluntary donation & then Distributed warm clothes to poor and needy all over the Tricity.	January 22, 2015 to February 7, 2015	College Auditorium	Tri-city	25





The students and the faculty members along with dedicated members of our NGO partner 'Salaam Zindagi' are united in their spirit to serve the society in a selfless manner, and live up to the college motto "Higher and Higher"

**NSS-SFU, PGGC-11, Sharing The Warmth - Community Outreach Activity.**

**Distributed 1000 New Warm Caps to Children in Chandigarh and surrounding area.  
Material sponsored by Community outreach Partner-NGO Salaam Zindagi India.**

		
<p>Unit Head-NSS-SFU, PGGC-11.</p>	<p>Volunteers Touched every Corner of the City.</p>	<p>Serving Smiles with Selfless Motive.</p>
		
<p>Youth engagement in community service</p>	<p>Spent time with street kids.</p>	<p>Ensure to deliver 100%</p>
		
<p>Entered every slum area</p>	<p>Served with full zeal.</p>	<p><b>Sharing The Warmth.</b></p>

**International Day of Person With Disability- 3rd December,2014  
By NSS-SFU along with Community Outreach Partner  
NGO Salaam Zindagi India.**

		
<p align="center"><b>Volunteer Welcome Desk for the Special Guests</b></p>	<p align="center"><b>Dr. J.S. Raghu, Principal PGGC-11 during the inauguration</b></p>	<p align="center"><b>Program Officer-Dr. Rakesh Thakur welcoming the guests.</b></p>
		
<p align="center"><b>S. Amrinder P. Singh, Founder-CEO of NGO Salaam Zindagi India.</b></p>	<p align="center"><b>Lt. Col. Pooja Batra during the quiz activity.</b></p>	<p align="center"><b>Special Guest during the performance.</b></p>
		
<p align="center"><b>Honoring Musical Eyes Rock Band of Visually Impaired.</b></p>	<p align="center"><b>Prize and Certificates Distribution to Participant.</b></p>	<p align="center"><b>News coverage of the event in Hindustan Times.</b></p>
		



**NSS-SFU, Jammu & Kashmir Flood Relief Program  
 Along with the Community Outreach Partner NGO Salaam Zindagi and various  
 colleges and schools of the City.**



Relief Material collection counter by NSS-SFU, PGGC-11



Program officer- Dr. Rakesh Thakur along with volunteers during Donation Drive.



Material collection from GCE-20



Material Collection from PEC University.



Material Collected during the Drive.



Material Coming in from city donors.



Material Collection Center at PGGC-11



Volunteers packing relief material.



Volunteers packing relief material.



Loading of Material for J&K














Material received from various donors.



Final flag off by DHE. Sri. Sandeep Hans, Sri. Bikaram Rana, SLO, State NSS Cell, MD Buffet Hut Sri Ajay Guaba.

General Awareness campaign - Community Outreach Program.

	<p>Volunteers of NSS-SFU-PGGC-11</p>	
<p>Warm Cloths Distribution Drive-PGGC-11.</p>		<p>Volunteer during Community Outreach Program.</p>
		
<p>Volunteers Collecting warm Cloths during Community Outreach Program.</p>	<p>SLO-Sri Bikaram Rana during Clothes Distribution Drive along with volunteers</p>	<p>Team NSS-SFU PGGC-11</p>
		
<p>General Awareness Program-During Community Outreach activity</p>	<p>Volunteers during Winter Clothing distribution.</p>	<p>Sharing The Warmth-Serving Smiles-Community Outreach Activity.</p>
		
<p>D.H.E -Sri. Sandeep Hans, Chairperson Chandigarh Social Welfare Board Smt. Kamlesh, SLO Sri Bikaram Rana during the Winter Clothes Distribution Drive.</p>	<p>Volunteers of NSS-SFU-PGGCM-11, Serving Smiles.</p>	<p>Director Higher Education Sri. Sandeep Hans distributed warm clothes along with the volunteers.</p>

## **B) Counselling Cell**

The 'Society for Creating Awareness against Drug abuse' (SCAADA) was formed about 8 years back in the college to create and spread awareness about drugs and alcohol.

The society works in conjuncture with the counselling centre as well as the Anti- Stress Helpline of the college. Every year motivated students who join the society are sensitized through various activities and programmes. This helps in the formation of a core group that goes out of the college and works to create awareness in their own domestic and social fields. This further creates a wave of awareness.

SCAADA endeavours to educate its members through activities in college and outreach programmes to neighbouring rural areas. Talks by experts to educate the students about the different ways in which various drugs can be used/misused , their effects/ill effects and also the treatments available. Volunteers also enlighten them to identify 'Drug Abuser's'. A Door to door survey is also conducted by SCAADA.

Poster Making and display, slogan writing, Candle-light Marches, Human-Chain formation, Performing Street Plays are some of the activities that are undertaken by the society. Further, students are deputed to work with various NGO's through 'KARUNA SADAN', a registered social organization of the Chandigarh Administration that co-ordinates with NGO's.

Students are encouraged to visit de-addiction centres and destitute houses along with their mentors so that they can meet the inmates face-to-face and learn about their issues and problems. The counselling cell and the Anti-Stress Helpline guide, counsels numerous students who come to them by providing solutions to their personal and family issues.

The overall endeavour is to help, guide and motivate the future generations to move towards a better and healthier future.